



Make it happen!™

AN SDI INTERNATIONAL **LEVEL 2** QUALIFICATION



This Level 2 workshop is the next step in raising your Relationship Awareness. This advanced train-the-trainer workshop is two days of insightful learning packed with solid theory, experiential exercises and practical applications. Explore the SDI's application in **conflict management, performance coaching and relationship-based 360-Degree feedback**.

Successful completion of this course also fulfils your requirement to **gain access to the entire suite of SDI tools**. Level 2 Certified Facilitators can purchase and use [SDI Feedback and Expectations](#) tools which truly complete the relationship puzzle.

Feedback tools encourage conversations about a need or desire to change perceptions and/or behaviours. Expectations tools clarify relationship expectations in personal and professional situations.

Areas of focus

- **Conflict management:** Take your understanding of conflict to new depths and participate in exercises that can be used immediately in your own work. Discover methods to find the source of conflict, recognize it earlier, and resolve it more effectively.
- **360-degree feedback:** Experience 360-degree feedback using several Relationship Awareness feedback tools. Learn how to apply these powerful tools and techniques in organizational settings to improve relationships and individual and organizational performance. Increase the chances of productive feedback by first clarifying role expectations.
- **Performance coaching:** Practice being a performance coach and receive the benefits of performance coaching based on the feedback and expectations you gather as part of the pre-course work. Be ready to provide this high impact service competently when the need arises
- **Interactive session:** Best practice sharing and Questions and Answers session for both Level 1 and Level 2.



“Very rarely do I attend a multi-day training course where even one day is excellent. All days of this course are excellent. Everything is applicable in my work and nothing was irrelevant. Impressive!”

John Kennedy, Command Training Officer, US Army

Participant – level topics:

- Experience and interpret your own relationship-based 360-degree feedback
- Learn more about how to identify the motivations behind the behaviours of yourself and others
- Further your understanding of relating style and potential sources of conflict
- Further your ability to choose behaviour and communication that achieves your intended result and encourages positive relationships with others
- Learn more ways to identify the behaviours in others that might reveal they are in conflict
- Learn more ways to confront conflict with others in a way that achieves results satisfactory to all
- Learn more ways to identify the strength behind an apparent weakness in yourself and others

Facilitator – level topics:

- Learn how to select appropriate Relationship Awareness tools based on group needs and training objectives
- Explore advanced conflict management techniques
- Learn more ways to use kinaesthetic exercises that aid your participant's understanding of SDI concepts
- Review the foundation of Relationship Awareness Theory
- Use SDI results with a group to explain changes in motivation during conflict
- Connect SDI learning outcomes to relevant topics in your areas of interest
- Practice facilitating SDI concepts in small groups
- Gain more confidence in guiding individuals to an understanding of their own SDI result
- Facilitate the interpretation of individual and 360-Degree feedback using the SDI Feedback Edition and the Feedback Portraits
- Facilitate the interpretation of individual and 360-Degree expectations using the SDI Expectations Edition and the Expectations Portraits
- Learn and practice advanced arrow interpretation techniques
- Learn advanced applications of the concept of Overdone Strengths
- Explain the theoretical basis of the SDI and how it compares with other common models such as Jungian Type, Disc, and Emotional Intelligence





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Assessment access:

Successful completion of Level 2 Certification qualifies attendees to purchase, administer, and debrief the following SDI assessments:

- Portrait of Personal Strengths™
- Portrait of Overdone Strengths™
- SDI Feedback Edition®
- Feedback Portrait of Personal Strengths™
- Feedback Portrait of Overdone Strengths™
- SDI Expectations Edition®
- Expectations Portrait of Personal Strengths™

Included resources

- SDI Course Guide with slides & support materials
- 360-degree Feedback Package (Inventories to capture feedback and expectations from up to 2 different people), including an SDI® for themselves
- Online inventories including *SDI Standard Edition*, *Portrait of Personal Strengths*, *Portrait of Overdone Strengths*, *SDI Expectations Edition*, and *Expectations Portrait* for yourself
- A one-hour 1 to 1 follow-up session within 60 days

PREREQUISITES

This course is open to those who have successfully completed **Level 1 Qualification** and have facilitated SDI self-assessments at least five times in a group or coaching environment. Level 2 SDI Certification is an advanced application of Relationship Awareness tools, therefore, you will get more out of it with some real-world experience under your belt.

When, where and how do I book?

11 March 2016, Bucharest, Romania

Make it happen!™ - An SDI International Level 2 Qualification will be facilitated in **English** by Alina Banescu, the only SDI level II facilitator in Romania, MD Personal Strengths Romania / Moldova / Poland.

Continuing Education Credits:



SDI certification workshops qualify for CE credits for ICF, ISPI and APA** (Nurses, MFTs and LCSWs)

Choose the best way forward for you:

Individual booking

900 Euros + VAT / person

Group booking (more than 2)

850 Euros + VAT / person

To book your place or to set-up an introductory meeting, contact us at alina@personalstrengths.ro
Limited to 8 participants / qualification programme.

For further details about the SDI and areas of applicability, please visit www.personalstrengths.ro